Coverage for: Individual and Family | Plan Type: HDHP



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, see https://www.smith.edu/your-campus/offices-services/human-resources/benefits. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>bluecrossma.org/sbcglossary</u> or call 1-800-782-3675 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,600 individual contract / \$3,200 family contract in-network; \$3,200 individual contract / \$6,400 family contract out-of-network.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Prenatal care and preventive care.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,200 individual contract / \$6,400 family contract in-network; \$6,400 individual contract / \$12,800 family contract out-of-network.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See bluecrossma.com/findadoctor or call the Member Service number on your ID card for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common Medical Event	Services You May Need	What You In-Network (You will pay the least)	Will Pay Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; a telehealth <u>cost share</u> may be applicable
If you visit a health care	<u>Specialist</u> visit	10% coinsurance; 10% coinsurance / chiropractor visit; 10% coinsurance / acupuncture visit	30% coinsurance; 30% coinsurance / chiropractor visit; 30% coinsurance / acupuncture visit	<u>Deductible</u> applies first; limited to 12 chiropractor visits per calendar year; limited to 20 acupuncture visits per calendar year; a telehealth <u>cost share</u> may be applicable
provider's office or clinic	Preventive care/screening/immunization	No charge	20% <u>coinsurance</u>	Limited to age-based schedule and / or frequency; a telehealth cost share may be applicable. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
	Diagnostic test (x-ray, blood work)	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; <u>pre-authorization</u> may be required
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; <u>pre-</u> <u>authorization</u> may be required
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at wwwcom	Generic drugs	30-Day Supply Retail Pharmacy Tier 1: \$10 Copayment 90-Day Supply Mail Order Pharmacy Tier 1: \$20		None
	Preferred brand drugs	30-Day Supply Retail Pharmacy Tier 2: \$30 Copayment 90-Day Supply Mail Order Pharmacy Tier 2: \$60		None
	Non-preferred brand drugs	30-Day Supply Retail Pharmacy Tier 3: \$50 Copayment 90-Day Supply Mail Order Pharmacy Tier 3: \$100		None
	Specialty drugs	All drugs covered in Retail Pharmacy and Mail Order Pharmacy Tiers 1-3		None
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; <u>pre-</u> <u>authorization</u> required for certain services

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Physician/surgeon fees	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; <u>pre-</u> <u>authorization</u> required for certain services
	Emergency room care	10% coinsurance	10% <u>coinsurance</u>	In-network <u>deductible</u> applies first for in-network and out-of-network services
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance	In-network <u>deductible</u> applies first for in-network and out-of-network services
	Urgent care	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; a telehealth <u>cost share</u> may be applicable
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; <u>pre-</u> <u>authorization</u> / authorization required for certain services
	Physician/surgeon fees	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; <u>pre-</u> <u>authorization</u> / authorization required for certain services
If you need mental health, behavioral health, or substance abuse services	Outpatient services	10% <u>coinsurance</u>	30% coinsurance	<u>Deductible</u> applies first; a telehealth <u>cost share</u> may be applicable; <u>pre-</u> <u>authorization</u> required for certain services
	Inpatient services	10% <u>coinsurance</u>	30% <u>coinsurance</u>	<u>Deductible</u> applies first; <u>pre-</u> <u>authorization</u> / authorization required for certain services
If you are pregnant	Office visits	No charge for prenatal care; 10% coinsurance for postnatal care	20% <u>coinsurance</u> for prenatal care; 30% <u>coinsurance</u> for postnatal care	<u>Deductible</u> applies first except for prenatal care; <u>cost sharing</u> does not apply for in-network <u>preventive</u> <u>services</u> ; maternity care may include
	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	tests and services described
	Childbirth/delivery facility services	10% coinsurance	30% <u>coinsurance</u>	elsewhere in the SBC (i.e. ultrasound); a telehealth <u>cost</u> <u>share</u> may be applicable

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; <u>pre-</u> <u>authorization</u> required
If you need help recovering or have other special health needs	Rehabilitation services	10% <u>coinsurance</u> for outpatient services; 10% <u>coinsurance</u> for inpatient services	30% <u>coinsurance</u> for outpatient services; 30% <u>coinsurance</u> for inpatient services	Deductible applies first; limited to 60 outpatient visits per type of therapy per calendar year (other than for autism, home health care, and speech therapy); limited to 60 days per calendar year for inpatient admissions; a telehealth cost share may be applicable; pre-authorization required for certain services
	Habilitation services	10% <u>coinsurance</u>	30% <u>coinsurance</u>	<u>Deductible</u> applies first; outpatient rehabilitation therapy coverage limits apply; coverage limits waived for early intervention services for eligible children; a telehealth <u>cost share</u> may be applicable
	Skilled nursing care	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; limited to 100 days per calendar year; <u>pre-authorization</u> required
	Durable medical equipment	10% coinsurance	30% <u>coinsurance</u>	<u>Deductible</u> applies first; in-network <u>cost share</u> waived for one breast pump per birth, including supplies (20% <u>coinsurance</u> for out-of-network)
	Hospice services	10% coinsurance	30% coinsurance	<u>Deductible</u> applies first; <u>pre-</u> <u>authorization</u> required for certain services
If your child needs dental or eye care	Children's eye exam	\$25 / visit	20% coinsurance	Limited to one exam per calendar year
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	No charge for members with a cleft palate / cleft lip condition	20% <u>coinsurance</u> for members with a cleft palate / cleft lip condition	Limited to members under age 18

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Children's glasses
 - Cosmetic surgery Long-term care

Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (20 visits per calendar year)
- Bariatric surgery
- Chiropractic care (12 visits per calendar year)
- Hearing aids (\$2,000 per ear every 36 months)
- Infertility treatment

Dental care (Adult)

- Non-emergency care when traveling outside the U.S.
- Routine eye care adult (one exam per calendar year)
- Routine foot care (only for patients with systemic circulatory disease)
- Weight loss programs (\$150 per calendar year per policy)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform and the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Your state insurance department might also be able to help. If you are a Massachusetts resident, you can contact the Massachusetts Division of Insurance at 1-877-563-4467 or www.mass.gov/doi. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. For more information about possibly buying individual coverage through a state exchange, you can contact your state's marketplace, if applicable. If you are a Massachusetts resident, contact the Massachusetts Health Connector by visiting www.mahealthconnector.org. For more information on your rights to continue your employer coverage, contact your plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, call 1-800-782-3675 or contact your <u>plan</u> sponsor. (A <u>plan</u> sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? No.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Disclaimer: This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care <u>plan</u>. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

■The <u>plan's</u> overall <u>deductible</u>	\$1,600
■ Delivery fee coinsurance	10%
■ Facility fee coinsurance	10%
■ Diagnostic tests coinsurance	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700		
In this example, Peg would pay:			
<u>Cost sharing</u>			
<u>Deductibles</u>	\$1,600		
Copayments	\$0		
Coinsurance	\$1,200		
What isn't covered			
Limits or exclusions	\$70		
The total Peg would pay is	\$2,870		

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-

controlled condition)

■The plan's overall deductible	\$1,600
■ Specialist visit coinsurance	10%
■ Primary care visit coinsurance	10%
■ Diagnostic tests coinsurance	10%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost sharing	
<u>Deductibles</u>	\$1,100
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$4,300
The total Joe would pay is	\$5,400

Mia's Simple Fracture

(in-network emergency room visit and follow-up care)

■The plan's overall deductible	\$1,600
■ Specialist visit coinsurance	10%
■ Emergency room coinsurance	10%
■ Ambulance services coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
<u>Cost sharing</u>	
<u>Deductibles</u>	\$1,600
<u>Copayments</u>	\$0
Coinsurance	\$200
What isn't covered	
Limits or exclusions \$	
The total Mia would pay is	\$1,810